The Blueprint Genetics Congenital and Familial Lipodystrophy Panel is a 10 gene test for genetic diagnostics of patients with clinical suspicion of Berardinelli-Seip syndrome, congenital lipodystrophy or familial partial lipodystrophy.

Inheritance of congenital lipodystrophy is autosomal recessive, while it is autosomal dominant for familial lipodystrophy. In addition to congenital and familial lipodystrophies, this Panel has differential diagnostics power to some rare phenotypes with overlapping symptoms. These include for example hypoinsulinemic hypoglycemia with hemihypertrophy and mandibuloacral dysplasia with lipodystrophy. This Panel is included in the Comprehensive Metabolism Panel.

About Congenital and Familial Lipodystrophy

Lipodystrophy is a medical condition of adipose tissue with selective, progressive loss of body fat. Congenital lipodystrophy is characterized by insulin resistance, extreme scarcity of fat in the subcutaneous tissues and muscular hypertrophy. Insulin resistance is also common in familial lipodystrophy leading often to central obesity, hyperinsulinemia and diabetes. Loss of subcutaneous fat, either from extremities (Kobberling-type) or from limbs and trunk (Dunnigan-type) is also characteristics for familial type of this disease. Commonly patients with congenital lipodystrophy suffer from hepatomegaly, cirrhosis, hirsutism, cardiac hypertrophy and hypertension. Mutations in genes AGPAT2 and BSCL2 account for some 95% of patients with congenital lipodystrophy. Congenital lipodystrophy is a rare disorder with only circa 300 patients reported worldwide. Some specific areas have significantly higher prevalence, like 1:25 000 in Sultanate of Oman. The worldwide prevalence of familial lipodystrophy is estimated at 1:1 000 000.

Availability

Results in 3-4 weeks. We do not offer a maternal cell contamination (MCC) test at the moment. We offer prenatal testing only for cases where the maternal cell contamination studies (MCC) are done by a local genetic laboratory. Read more: http://blueprintgenetics.com/faqs/#prenatal

Gene set description

<table>
<thead>
<tr>
<th>Gene</th>
<th>Associated phenotypes</th>
<th>Inheritance</th>
<th>ClinVar</th>
<th>HGMD</th>
</tr>
</thead>
<tbody>
<tr>
<td>AGPAT2</td>
<td>Lipodystrophy, congenital generalized</td>
<td>AR</td>
<td>11</td>
<td>36</td>
</tr>
<tr>
<td>AKT2</td>
<td>Hypoinsulinemic hypoglycemia with hemihypertrophy</td>
<td>AD</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>BSCL2</td>
<td>Lipodystrophy, congenital generalized, Encephalopathy, progressive</td>
<td>AR</td>
<td>20</td>
<td>43</td>
</tr>
<tr>
<td>CAV1</td>
<td>Partial lipodystrophy, congenital cataracts, and neurodegeneration syndrome, Lipodystrophy, congenital generalized</td>
<td>AD/AR</td>
<td>7</td>
<td>10</td>
</tr>
<tr>
<td>LMNA</td>
<td>Heart-hand syndrome, Slovenian, Limb-girdle muscular dystrophy, Muscular dystrophy, congenital, LMNA-related, Lipodystrophy (Dunnigan), Emery-Dreiffus muscular dystrophy, Malouf syndrome, Dilated cardiomyopathy (DCM), Mandibuloacral dysplasia type A, Progeria Hutchinson-Giffrd type</td>
<td>AD/AR</td>
<td>183</td>
<td>458</td>
</tr>
<tr>
<td>PLIN1</td>
<td>Lipodystrophy, familial partial</td>
<td>AD</td>
<td>3</td>
<td>8</td>
</tr>
</tbody>
</table>
**Gene** | **Genomic location HG19** | **HGVS** | **RefSeq** | **RS-number** | **Comment** | **Reference**
---|---|---|---|---|---|---
LMNA | Chr1:156100609 | c.513+45T>G | NM_170707.3 |  |

**Non-coding disease causing variants covered by the panel**

**Test performance**

Blueprint Genetics offers a comprehensive Congenital and Familial Lipodystrophy Panel that covers classical genes associated with Berardinelli-Seip syndrome, congenital lipodystrophy, familial partial lipodystrophy, hypoinsulinemic hypoglycemia with hemihypertrophy and mandibuloacral dysplasia with lipodystrophy. The genes are carefully selected based on the existing scientific evidence, our experience and most current mutation databases. Candidate genes are excluded from this first-line diagnostic test. The test does not recognise balanced translocations or complex inversions, and it may not detect low-level mosaicism. The test should not be used for analysis of sequence repeats or for diagnosis of disorders caused by mutations in the mitochondrial DNA.

Analytical validation is a continuous process at Blueprint Genetics. Our mission is to improve the quality of the sequencing process and each modification is followed by our standardized validation process. Average sensitivity and specificity in Blueprint NGS Panels is 99.3% and 99.9% for detecting SNPs. Sensitivity to for indels vary depending on the size of the alteration: 1-10bps (96.0%), 11-20 bps (88.4%) and 21-30 bps (66.7%). The longest detected indel was 46 bps by sequence analysis. Detection limit for Del/Dup (CNV) analysis varies through the genome depending on exon size, sequencing coverage and sequence content. The sensitivity is 71.5% for single exon deletions and duplications and 99% for three exons’ deletions and duplications. We have validated the assays for different starting materials including EDTA-blood, isolated DNA (no FFPE) and saliva that all provide high-quality results. The diagnostic yield varies substantially depending on the used assay, referring healthcare professional, hospital and country. Blueprint Genetics’ Plus Analysis (Seq+Del/Dup) maximizes the chance to find molecular genetic diagnosis for your patient although Sequence Analysis or Del/Dup Analysis may be cost-effective first line test if your patient’s phenotype is suggestive for a specific mutation profile.
Bioinformatics

The sequencing data generated in our laboratory is analyzed with our proprietary data analysis and annotation pipeline, integrating state-of-the-art algorithms and industry-standard software solutions. Incorporation of rigorous quality control steps throughout the workflow of the pipeline ensures the consistency, validity and accuracy of results. The highest relevance in the reported variants is achieved through elimination of false positive findings based on variability data for thousands of publicly available human reference sequences and validation against our in-house curated mutation database as well as the most current and relevant human mutation databases. Reference databases currently used are the 1000 Genomes Project (http://www.1000genomes.org), the NHLBI GO Exome Sequencing Project (ESP; http://evs.gs.washington.edu/EVS), the Exome Aggregation Consortium (ExAC; http://exac.broadinstitute.org), ClinVar database of genotype-phenotype associations (http://www.ncbi.nlm.nih.gov/clinvar) and the Human Gene Mutation Database (http://www.hgmd.cf.ac.uk). The consequence of variants in coding and splice regions are estimated using the following in silico variant prediction tools: SIFT (http://sift.jcvi.org), Polyphen (http://genetics.bwh.harvard.edu/pph2/), and Mutation Taster (http://www.mutationtaster.org).

Through our online ordering and statement reporting system, Nucleus, the customer can access specific details of the analysis of the patient. This includes coverage and quality specifications and other relevant information on the analysis. This represents our mission to build fully transparent diagnostics where the customer gains easy access to crucial details of the analysis process.

Clinical interpretation

In addition to our cutting-edge patented sequencing technology and proprietary bioinformatics pipeline, we also provide the customers with the best-informed clinical report on the market. Clinical interpretation requires fundamental clinical and genetic understanding. At Blueprint Genetics our geneticists and clinicians, who together evaluate the results from the sequence analysis pipeline in the context of phenotype information provided in the requisition form, prepare the clinical statement. Our goal is to provide clinically meaningful statements that are understandable for all medical professionals, even without training in genetics.

Variants reported in the statement are always classified using the Blueprint Genetics Variant Classification Scheme modified from the ACMG guidelines (Richards et al. 2015), which has been developed by evaluating existing literature, databases and with thousands of clinical cases analyzed in our laboratory. Variant classification forms the corner stone of clinical interpretation and following patient management decisions. Our statement also includes allele frequencies in reference populations and in silico predictions. We also provide PubMed IDs to the articles or submission numbers to public databases that have been used in the interpretation of the detected variants. In our conclusion, we summarize all the existing information and provide our rationale for the classification of the variant.

A final component of the analysis is the Sanger confirmation of the variants classified as likely pathogenic or pathogenic. This does not only bring confidence to the results obtained by our NGS solution but establishes the mutation specific test for family members. Sanger sequencing is also used occasionally with other variants reported in the statement. In the case of variant of uncertain significance (VUS) we do not recommend risk stratification based on the genetic finding. Furthermore, in the case VUS we do not recommend use of genetic information in patient management or genetic counseling. For some cases Blueprint Genetics offers a special free of charge service to investigate the role of identified VUS.

We constantly follow genetic literature adapting new relevant information and findings to our diagnostics. Relevant novel discoveries can be rapidly translated and adopted into our diagnostics without delay. These processes ensure that our diagnostic panels and clinical statements remain the most up-to-date on the market.

CPT codes

SEQ 81479
DEL/DUP 81479
ICD codes

Commonly used ICD-10 codes when ordering the Congenital and Familial Lipodystrophy Panel

<table>
<thead>
<tr>
<th>ICD-10</th>
<th>Disease</th>
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<tbody>
<tr>
<td>E88.1</td>
<td>Congenital lipodystrophy</td>
</tr>
<tr>
<td>E88.1</td>
<td>Familial partial lipodystrophy</td>
</tr>
</tbody>
</table>

Accepted sample types

- EDTA blood, min. 1 ml
- Purified DNA, min. 5μg
- Saliva (Oragene DNA OG-500 kit)

Label the sample tube with your patient’s name, date of birth and the date of sample collection.

Note that we do not accept DNA samples isolated from formalin-fixed paraffin-embedded (FFPE) tissue.

Resources

- Lipodystrophy United
- NORD - Berardinelli-Seip Congenital Lipodystrophy
- NORD - Familial Partial Lipodystrophy
- NORD - Mandibuloacral Dysplasia
- Gene Reviews - Berardinelli-Seip Congenital Lipodystrophy